

## FOPA I

## Štafetový trénink 1. dráha Jan

Motiv: (6x25Z,6x25P,6x25D,6x25K), dtto v kuse   -plavec plaval 50m

	14.3.2011				15.3.2011				17.3.2011			
	Z	P	D	K	Z	P	D	K	Z	P	D	K
Wendy Dušková	00:58,6	00:32,0	00:27,9	00:21,3	00:27,7	00:30,5	00:29,4	00:22,1	00:26,0	00:30,2	00:28,2	00:21,5
Péťa Flekačová	00:27,0	00:32,7	00:56,6	00:22,6	00:26,9	00:32,6	00:26,3	00:23,2	00:26,7	00:31,5	00:24,6	00:20,8
Milan Man	00:17,8	00:44,1	?	00:13,0	00:20,6	00:23,7	00:19,2	00:16,8	00:20,7	00:24,6	00:20,6	00:19,4
David Burger	00:29,1	00:36,2	00:51,0	00:49,2	00:31,3	00:35,6	00:47,8	00:22,8	00:31,5	00:36,0	00:44,4	00:24,4
Nast'a Višťálová	00:49,4	00:43,8	01:28,8	00:45,2	00:49,2	00:45,8	01:37,5	00:46,1	00:47,6	00:43,6	01:22,8	00:41,9
<b>celkový čas: /Milan</b>	<b>03:01,9</b>	<b>03:08,8</b>	<b>03:56,7</b>	<b>02:32,1</b>	00:19,9	00:19,6	00:16,2	00:13,5	00:20,9	00:19,1	00:17,9	00:15,3
Wendy Dušková	?	?	?	?	00:27,7	00:30,5	00:29,3	00:21,7	00:26,8	00:30,5	00:29,7	00:21,0
Péťa Flekačová	?	?	?	?	00:26,9	00:32,6	00:25,5	00:21,6	00:27,5	00:30,8	00:24,1	00:21,4
Milan Man	?	?	?	?	00:20,6	00:23,7	00:21,0	00:18,6	00:20,1	00:24,2	00:20,9	00:18,1
David Burger	?	?	?	?	00:31,3	00:35,6	00:44,1	00:24,3	00:32,3	00:36,9	00:43,3	00:23,4
Nast'a Višťálová	?	?	?	?	00:49,2	00:45,8	01:23,0	00:44,2	00:42,7	00:42,6	01:20,0	00:42,0
<b>celkový čas: /Milan</b>	?	?	?	<b>13:01,1</b>	00:19,9	00:19,6	00:18,4	00:15,7	00:18,8	00:20,0	00:17,0	00:15,2

## FOPA I

## Štafetový trénink 2. dráha Štěpán

**podtrženě -celkový čas za všechny zp. (plaváno v kuse)**

Motiv: (5x25Z,5x25P,5x25D,5x25K), dtto v kuse

	14.3.2011				15.3.2011				17.3.2011			
	Z	P	D	K	Z	P	D	K	Z	P	D	K
Ondřej Pavka	00:27,9	00:26,9	00:24,8	00:19,5	00:26,5	00:25,4	00:25,7	00:18,7	00:26,7	00:25,6	00:25,3	00:19,2
Klára Dvorská	00:36,5	00:44,2	00:54,5	00:29,7	00:45,9	00:38,2	00:55,5	00:31,9	00:36,8	00:48,1	00:49,9	00:31,2
Tomáš Fuchs	00:32,9	00:30,4	00:36,3	00:24,6	00:32,9	00:28,9	00:42,7	00:26,1	00:29,6	00:31,1	00:37,3	00:27,4
Bára Antonovičová	00:43,1	00:51,8	01:09,5	00:40,6	00:52,9	00:45,2	01:10,3	00:42,2	00:45,7	00:49,3	01:19,6	00:42,7
Petr Mikeska	00:35,6	00:28,7	00:37,0	00:33,0	00:30,5	00:34,2	01:05,8	00:40,3	00:40,0	00:29,9	00:51,9	00:35,7
<b>celkový čas:</b>	<b>02:56,1</b>	<b>03:02,1</b>	<b>03:42,3</b>	<b>02:27,5</b>	<b>02:52,2</b>	<b>03:08,9</b>	<b>04:20,2</b>	<b>13:01,1</b>	<b>02:58,8</b>	<b>03:04,0</b>	<b>04:04,0</b>	<b>12:43,0</b>
Ondřej Pavka	00:27,3	00:27,9	00:25,5	00:20,0	00:26,3	00:26,1	00:24,7	00:19,9	00:25,2	00:25,9	00:23,8	00:18,8
Klára Dvorská	00:38,7	00:45,6	00:53,8	00:32,3	00:38,5	00:46,0	00:57,5	00:32,3	00:36,5	00:43,4	00:50,8	00:33,3
Tomáš Fuchs	00:31,1	00:32,9	00:41,0	00:25,6	00:29,9	00:33,7	00:42,5	00:26,2	00:32,8	00:30,5	00:39,5	00:23,3
Bára Antonovičová	00:45,9	00:52,9	01:13,7	00:44,0	00:47,5	00:52,0	01:13,1	00:45,4	00:45,8	00:47,9	01:12,1	00:41,6
Petr Mikeska	00:35,2	00:31,4	00:55,7	00:37,0	00:38,3	00:29,1	00:48,0	00:31,7	00:45,8	00:29,1	00:54,8	00:38,6
<b>celkový čas:</b>	<b>02:58,2</b>	<b>03:10,7</b>	<b>04:09,7</b>	<b>12:58,1</b>	<b>03:00,5</b>	<b>03:06,9</b>	<b>04:05,8</b>	<b>12:49,2</b>	<b>03:06,1</b>	<b>02:56,8</b>	<b>04:01,0</b>	<b>12:33,5</b>

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## Štafetový trénink 3. dráha Iva

Motiv: (5x25Z,5x25P,5x25D,5x25K), dtto v kuse

	14.3.2011				15.3.2011				17.3.2011			
	Z	P	D	K	Z	P	D	K	Z	P	D	K
Jana Bradáčová	00:41,4	00:43,7	01:00,3	00:39,1	00:43,1	00:46,3	00:58,4	00:40,2	00:41,1	00:42,8	01:01,5	00:37,6
Verča Mácová	00:29,6	00:33,4	00:41,8	00:26,3	00:31,0	00:31,3	00:42,4	00:23,9	00:29,1	00:32,0	00:41,5	00:25,5
Verča Žaludová	00:35,0	00:42,1	00:39,8	00:28,5	00:35,7	00:43,1	00:38,4	00:28,6	00:34,9	00:40,3	00:44,4	00:29,7
Míša Šindelář	00:38,9	00:46,4	00:43,3	00:31,7	00:37,0	00:50,8	00:42,3	00:34,0	00:34,0	00:43,7	00:39,9	00:33,8
Tom Chovanec	00:29,8	00:41,9	00:38,6	00:25,5	00:31,7	00:42,0	00:37,3	00:27,2	00:29,9	00:36,5	00:34,6	00:29,5
<b>celkový čas:</b>	<b>02:54,6</b>	<b>03:27,5</b>	<b>03:43,7</b>	<b>02:30,9</b>	<b>02:58,5</b>	<b>03:33,5</b>	<b>03:38,8</b>	<b>12:44,4</b>	<b>02:49,0</b>	<b>03:15,3</b>	<b>03:41,9</b>	<b>12:44,4</b>
Jana Bradáčová	00:44,0	00:43,5	00:58,2	00:41,7	00:41,3	00:42,5	01:01,6	00:39,1	00:41,8	00:43,2	01:00,9	00:38,9
Verča Mácová	00:30,2	00:31,5	00:39,9	00:25,6	00:29,3	00:31,0	00:38,2	00:25,8	00:28,0	00:30,6	00:40,7	00:24,8
Verča Žaludová	00:34,5	00:41,6	00:37,1	00:30,0	00:33,9	00:41,9	00:40,7	00:30,1	00:37,1	00:40,7	00:45,2	00:30,3
Míša Šindelář	00:37,8	00:44,5	00:44,2	00:33,1	00:37,2	00:46,8	00:42,2	00:35,3	00:33,3	00:43,3	00:38,5	00:29,9
Tom Chovanec	00:30,6	00:39,6	00:37,9	00:27,6	00:31,3	00:41,9	00:35,4	00:27,5	00:32,2	00:38,1	00:35,5	00:27,1
<b>celkový čas:</b>	<b>02:57,1</b>	<b>03:20,7</b>	<b>03:37,3</b>	<b>12:33,1</b>	<b>02:15,8</b>	<b>02:37,3</b>	<b>02:55,9</b>	<b>12:32,7</b>	<b>02:52,4</b>	<b>03:15,9</b>	<b>03:40,8</b>	<b>12:19,0</b>

## FOPA I

## Štafetový trénink 4. dráha Fifi

Motiv: (5x25Z,5x25P,5x25D,5x25K), dtto v kuse

	14.3.2011				15.3.2011				17.3.2011			
	Z	P	D	K	Z	P	D	K	Z	P	D	K
Pepa Zápotocký	00:43,6	00:39,9	00:37,2	00:30,5	00:39,0	00:40,0	00:43,0	00:35,6	00:42,3	00:41,0	00:41,3	00:31,7
Jana Berušková	00:44,9	00:54,5	00:39,9	00:42,9	00:49,9	00:50,3	00:41,5	00:44,7	00:50,9	00:48,3	00:39,6	00:43,7
Lenka Vodičková	00:38,4	00:44,2	01:07,7	00:40,1	00:39,0	00:46,6	01:10,3	00:41,4	00:40,1	00:46,0	00:55,6	00:37,0
Vít Barth	00:31,7	00:28,8	00:35,9	00:25,6	00:29,6	00:28,9	00:34,5	00:37,0	00:27,4	00:29,6	00:30,5	00:26,0
Míša Philippi	00:25,3	00:25,2	00:22,4	00:18,2	00:24,3	00:25,8	00:23,8	00:16,5	00:23,4	00:24,7	00:22,3	00:17,9
<b>celkový čas:</b>	<b>03:03,0</b>	<b>03:13,2</b>	<b>03:23,3</b>	<b>02:37,5</b>	<b>03:01,8</b>	<b>03:11,6</b>	<b>03:33,1</b>	<b>02:55,2</b>	<b>03:04,1</b>	<b>03:09,6</b>	<b>03:09,3</b>	<b>11:59,1</b>
Pepa Zápotocký	00:44,1	00:43,5	00:43,6	00:32,1	00:41,6	00:44,1	00:50,0	00:38,8	00:42,7	00:38,3	00:44,7	00:31,9
Jana Berušková	00:48,9	00:51,8	00:40,5	00:44,2	00:41,2	00:51,1	00:41,2	00:44,2	00:48,3	00:48,8	00:38,7	00:44,0
Lenka Vodičková	00:39,3	00:47,2	01:11,2	00:41,1	00:42,7	00:44,7	01:02,1	00:39,2	00:41,7	00:45,4	00:55,8	00:36,6
Vít Barth	00:32,8	00:28,0	00:34,9	00:27,0	00:31,4	00:31,9	00:35,0	00:27,7	00:27,4	00:29,8	00:30,7	00:25,8
Míša Philippi	00:24,4	00:25,1	00:22,5	00:19,0	00:23,3	00:24,0	00:23,5	00:17,8	00:22,7	00:23,1	00:22,3	00:17,7
<b>celkový čas:</b>	<b>03:09,7</b>	<b>03:15,6</b>	<b>03:32,7</b>	<b>12:42,6</b>	<b>03:00,2</b>	<b>03:15,8</b>	<b>03:31,8</b>	<b>02:47,7</b>	<b>03:02,8</b>	<b>03:05,4</b>	<b>03:12,2</b>	<b>11:56,8</b>