

FOPA I

Vlna 1 (Dušková, Felekačová, Pavka, Philippi) 2 x (10 x 50K á 1:50 – 1:30 → 1:15/ 1:10 - 55)
 středa dopoledne

	Philippi	Pavka	Dušková	Flekačová
1/50	01:00,7	01:00,7	01:00,1	01:00,1
2/50	00:57,6	00:56,3	00:56,3	00:56,3
3/50	00:56,1	00:56,1	00:57,3	00:56,1
4/50	00:55,3	00:55,7	00:57,8	00:57,8
5/50	00:54,0	00:54,0	00:58,3	00:57,5
6/50	00:52,4	00:54,6	00:57,5	00:57,5
7/50	00:49,1	00:49,3	00:53,4	00:53,4
8/50	00:47,6	00:49,6	00:53,0	00:53,0
9/50	00:48,0	00:48,0	00:50,7	00:50,7
10/50	00:44,6	00:45,7	00:50,5	00:50,5
1/50	00:59,0	00:59,0	00:58,3	00:58,3
2/50	00:56,7	00:56,7	00:56,7	00:56,7
3/50	00:55,0	00:55,5	00:58,1	00:58,1
4/50	00:54,2	00:54,2	00:56,7	00:56,7
5/50	00:53,6	00:53,6	00:56,3	00:56,3
6/50	00:51,1	00:51,1	00:56,4	00:56,4
7/50	00:49,2	00:50,3	00:55,5	00:55,5
8/50	00:47,6	00:48,1	00:53,7	00:53,7
9/50	00:47,5	00:47,8	00:53,8	00:53,0
10/50	00:44,5	00:46,5	00:49,9	00:49,9

Vlna 2 (Burger, Chovanec, Barth, Man) 2 x (10 x 50K á 1:50 - 1:20 → 1:05)
 středa dopoledne

	Man	Barth V.	Chovanec	Burger
1/50	00:39,2	01:14,7	01:07,4	01:05,0
2/50	00:37,6	01:12,5	01:00,3	01:04,2
3/50	00:36,4	01:11,3	00:59,5	01:03,5
4/50	00:34,3	01:08,0	00:59,0	00:59,5
5/50	00:34,7	01:08,7	00:57,6	00:58,3
6/50	00:33,7	01:06,7	00:57,9	00:57,8
7/50	00:32,5	01:03,9	01:01,2	00:52,7
8/50	00:32,9	01:03,2	00:57,4	00:52,1
9/50	00:32,0	01:00,3	01:05,5	00:53,9
10/50	00:31,8	00:57,3	01:02,4	00:53,2
1/50	00:37,4	01:14,4	01:10,3	01:07,1
2/50	00:35,9	01:12,2	01:08,5	01:05,2
3/50	00:35,8	01:09,8	01:06,1	01:02,2
4/50	00:34,9	01:07,7	01:00,7	00:58,7
5/50	00:34,6	01:08,7	01:05,3	00:59,8
6/50	00:34,5	01:07,1	01:07,1	01:02,3
7/50	00:33,7	01:04,6	00:58,0	00:54,9
8/50	00:32,8	01:05,4	00:59,0	00:55,0
9/50	00:33,2	01:01,6	00:58,5	00:55,6
10/50	00:32,5	00:56,9	00:59,8	00:55,8

Vlna 3 (Dvorská, Fuchs, Mácová, Žaludová)
středa dopoledne

2 x (10 x 50K á 1:50 – 1:25 → 1:10)

	Dvorská	Fuchs	Mácová	Žaludová
1/50	01:14,5	01:15,4	01:12,1	01:14,5
2/50	01:17,2	01:10,6	01:10,6	01:12,7
3/50	01:18,9	01:10,4	01:09,5	01:15,8
4/50	01:08,9	01:16,8	01:06,0	01:13,1
5/50	01:11,9	01:14,3	01:07,0	01:13,2
6/50	01:15,3	01:11,2	01:05,0	01:13,5
7/50	01:13,1	01:14,1	01:01,8	01:08,2
8/50	01:13,8	01:14,2	01:00,4	01:13,8
9/50	01:20,5	01:09,7	00:58,7	01:13,3
10/50	01:18,3	01:09,1	00:57,2	01:11,0
1/50	01:28,2	01:10,1	01:12,1	01:21,2
2/50	01:25,1	01:12,9	01:11,3	01:21,3
3/50	01:20,7	01:14,6	01:09,1	01:20,7
4/50	01:16,2	01:12,1	01:05,2	01:12,1
5/50	01:15,5	01:12,2	01:06,5	01:08,9
6/50	01:16,9	01:12,1	01:04,5	01:12,1
7/50	01:14,2	01:14,2	01:00,6	01:10,4
8/50	01:15,2	01:12,1	01:03,0	01:14,6
9/50	01:16,0	01:14,8	00:57,7	01:11,4
10/50	01:17,8	01:07,8	00:55,6	01:11,8

Vlna 4 (Zápotocký, Šindelář, Mikeska, Vodičková)
středa dopoledne

2 x (10 x 50K á 1:50 – 1:25 → 1:10)

	Zápotocký	Šindelář	Mikeska	Vodičková
1/50	01:15,8	01:22,3	01:22,3	01:37,8
2/50	01:18,8	01:25,0	01:25,0	01:29,6
3/50	01:18,9	01:26,1	01:26,1	01:31,4
4/50	01:14,4	01:25,3	01:25,3	01:22,7
5/50	01:16,4	01:24,2	01:22,6	01:26,6
6/50	01:15,1	01:17,5	01:25,6	01:23,5
7/50	01:16,3	01:20,7	01:19,8	01:23,6
8/50	01:20,0	01:24,3	01:17,4	01:22,4
9/50	01:24,4	01:24,4	01:17,9	01:22,5
10/50	01:22,8	01:22,8	01:16,9	01:25,9
1/50	01:35,3	01:17,2	01:35,5	01:22,8
2/50	01:34,9	01:18,2	01:26,5	01:24,1
3/50	01:32,4	01:25,8	01:25,8	01:23,4
4/50	01:20,2	01:19,4	01:20,2	01:20,7
5/50	01:23,5	01:23,5	01:22,7	01:23,5
6/50	01:22,4	01:25,1	01:22,4	01:22,4
7/50	01:13,9	01:20,5	01:20,5	01:23,4
8/50	01:18,1	01:23,3	01:17,2	01:23,3
9/50	01:17,4	01:24,7	01:17,4	01:27,5
10/50	01:19,6	01:24,7	01:15,3	01:24,7

**Vlna 5 (Berušková, Antonovičová, Bradáčová, Vištállová) 2 x (10 x 50K á 1:50 – 1:40 → 1:25)
 středa dopoledne**

	Berušková	Antonovičová	Bradáčová	Vištállová
1/50	01:33,0	01:44,2	01:52,0	01:34,0
2/50	01:37,1	01:45,0	01:35,3	01:32,6
3/50	01:35,0	01:42,6	01:37,0	01:36,8
4/50	01:37,7	01:39,9	01:36,3	01:31,4
5/50	01:42,0	01:40,2	01:38,5	01:30,0
6/50	01:45,2	01:40,6	01:36,2	01:26,8
7/50	01:42,0	01:38,6	01:33,7	01:21,5
8/50	01:41,9	01:44,9	01:36,2	01:22,1
9/50	?	?	01:31,0	01:22,2
10/50	01:34,6	01:33,2	01:35,0	01:23,6
1/50	01:37,7	01:42,7	01:37,7	01:38,8
2/50	01:38,3	01:41,5	01:42,3	01:35,8
3/50	01:32,2	01:36,2	01:48,3	01:32,2
4/50	01:25,0	01:34,7	01:42,1	01:28,4
5/50	01:30,9	01:39,6	01:46,3	01:30,9
6/50	01:31,5	01:39,4	01:48,6	01:27,8
7/50	01:26,3	01:39,3	01:52,5	01:24,4
8/50	01:22,0	01:37,6	?	01:25,7
9/50	01:21,6	01:41,7	01:39,9	01:25,6
10/50	01:16,9	01:42,3	01:43,8	01:24,5

FOPA II

**Vlna 1 (Míčková, Kroupa, Lukš, Paleček)
 10 x 25 K-HZ á 2:00 – 1:30 → 1:15; mezi sériemi TC + kopání**

středa dopoledne

	Míčková	Kroupa	Lukš	Paleček
1/25	00:48,0	00:53,2	00:48,0	00:42,1
2/25	00:49,5	00:49,5	00:53,7	00:47,5
3/25	00:48,7	00:48,7	00:51,0	00:48,7
4/25	00:49,5	00:47,5	00:49,5	00:44,5
5/25	00:47,9	00:47,9	00:48,5	00:45,1
6/25	00:47,5	00:48,5	00:47,5	00:41,4
7/25	00:45,6	00:47,6	00:45,6	00:43,5
8/25	00:48,6	00:48,6	00:43,5	00:44,9
9/25	00:43,2	00:47,0	00:43,2	00:41,0
10/25	00:44,0	00:48,1	00:40,0	00:38,5

Vlna 2 (Skalická, Klouda, Pucholt, Hlaváček)
10 x 25 K-HZ á 2:00 – 1:30 → 1:15; mezi sériemi TC + kopání

středa dopoledne

	Klouda	Skalická	Pucholt	Hlaváček
1/25	01:01,6	00:54,0	01:02,0	01:02,0
2/25	01:03,2	00:54,6	01:13,2	01:03,2
3/25	00:59,5	00:59,4	01:13,0	00:59,1
4/25	01:02,3	00:57,4	01:07,7	00:58,4
5/25	00:59,4	00:56,5	01:10,9	00:59,4
6/25	01:01,8	00:59,0	01:09,9	00:57,6
7/25	01:02,9	00:57,1	01:04,8	00:56,0
8/25	00:54,8	01:05,8	01:08,2	01:00,9
9/25	00:51,3	00:59,9	01:06,6	00:59,9
10/25	00:51,1	00:58,9	01:06,2	01:00,2

Vlna 3 (Marek, Krátký, Jandera, Vondrášek)
10 x 25 K-HZ á 2:00 – 1:30 → 1:15; mezi sériemi TC + kopání

středa dopoledne

	Marek	Krátký	Jandera	Vondrášek
1/25	01:17,2	01:23,0	01:14,0	01:16,0
2/25	01:11,3	01:16,0	01:21,0	01:27,5
3/25	01:11,8	01:17,6	01:36,5	01:41,4
4/25	01:20,8	01:16,0	01:07,2	01:29,4
5/25	01:11,1	01:12,0	01:07,6	01:43,1
6/25	01:10,4	01:12,0	01:06,5	01:32,3
7/25	01:11,1	01:05,3	01:21,1	01:28,6
8/25	01:05,2	01:14,2	01:10,3	01:26,1
9/25	01:08,5	01:11,6	01:17,9	01:50,0
10/25	00:58,1	01:12,6	01:05,3	01:15,0

Vlna 4 (Mašková, Augustinová, Švábová)
10 x 25 K-HZ á 2:00 – 1:30 → 1:15; mezi sériemi TC + kopání

středa dopoledne

	Mašková	Augustinová	Švábová	
1/25	01:15,3	01:15,3	01:12,5	
2/25	01:23,9	01:16,0	01:28,4	
3/25	01:10,8	01:13,8	01:35,1	
4/25	01:18,6	01:12,6	01:32,0	
5/25	01:09,2	01:09,2	01:23,2	
6/25	01:17,6	01:22,9	01:50,4	
7/25	01:17,4	01:29,1	01:21,7	
8/25	01:13,5	01:20,0	01:20,0	
9/25	01:06,8	01:17,6	01:23,6	
10/25	01:06,2	01:22,2	01:26,3	